

DEEP GREEN RESILIENCE: A SPIRAL OF CREATIVE QUESTIONS AND BEAUTIFUL POSSIBILITIES

1. I embrace the Life that unfolds within me:

What deeper strengths, skills, understandings, and qualities of heart am I being challenged to develop by the ecological, economic and political crises in the world around me?

4. I embrace the infinite depths of Life, of which my life is an expression:

Confronted with the severe breakdowns in the world around me, how will I open my life to new sources of inspiration, to the hidden heart of all life?



2. I embrace the Life that unfolds between us:

What deeper strengths, skills, understandings, & qualities of heart are the ecological, economic and political crises of Planet Earth challenging us to nurture in one another? as friends? as co-workers? as family? as citizens?

3. I embrace the Web of Life that surrounds and sustains us:

How do I feel called to mend the world? What particular work evokes in me the greatest compassion, creativity and kindness?